Pilot 1: Clic Salud-PALANTE

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DM Complications

• Sixth cause of death
• Leading cause of
  – Blindness
  – Feet amputation
  – Erectile dysfunction
  – Renal failure
• Increases CVD and costs

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PATients Leading and mANaging their heaLThcare through EHealth
DM Treatment

• Lifestyle
• Medication
• Glucose monitoring
• Diabetes Education
• Close follow up
Pilot Site 1: Brief summary

Andalusia:
- 8.42 million population
- Universal Coverage Public Health System
- Electronic Health Record (eHR)
- Secure access to eHR available for all population
Pilot Site 1: Brief summary

- Patients with DM
- Healthcare professionals: Primary Care and Hospital (Ph & nurses)
- New tools integrated in the citizen eHR:
  - educational
  - monitoring systems (Glucose, BP, BMI)
  - communication tools (messages, reminders, comments...)
- Compliant with the Andalusian Comprehensive Diabetes Plan
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1. General indicators
   “Activation”. Therapeutic adherence. Satisfaction

2. Use of health service

3. Health results
   - DM control
   - Clinical complications

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• Target group (numbers / type)
  DMT1: 500
  DMT2: 6500

• Innovative aspects
  – Improve relationship between professionals and patientes
  – Fluid communication in a virtual environment
  – Patient’s direct participation in his e-clinical record
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Skills of patients

Required: minimal IT literacy / digital certificate

Training: support by health professional and Guadalinfo (public pro-”IT literacy and access” )

Attitude of professionals (doctors & nurses)

Required: motivated in medical care through e-medicine

Training: against resistance to change (crisis): MOTIVATION
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Main challenges & solutions in implementation

Challenges
Patient’s recruitment (Primary Care)
Alternative IT systems & new glucometers (Hospitals)

Solutions
Increase recruitment pathways: dissemination (professionals & patients)
Agreement with companies for new glucometers
Thank you for your attention

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