



Pilot 1: Clic Salud-PALANTE

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DM Complications



- Sixth cause of death
- Leading cause of
 - Blindness
 - Feet amputation
 - Erectile dysfunction
 - Renal failure
- Increases CVD and costs



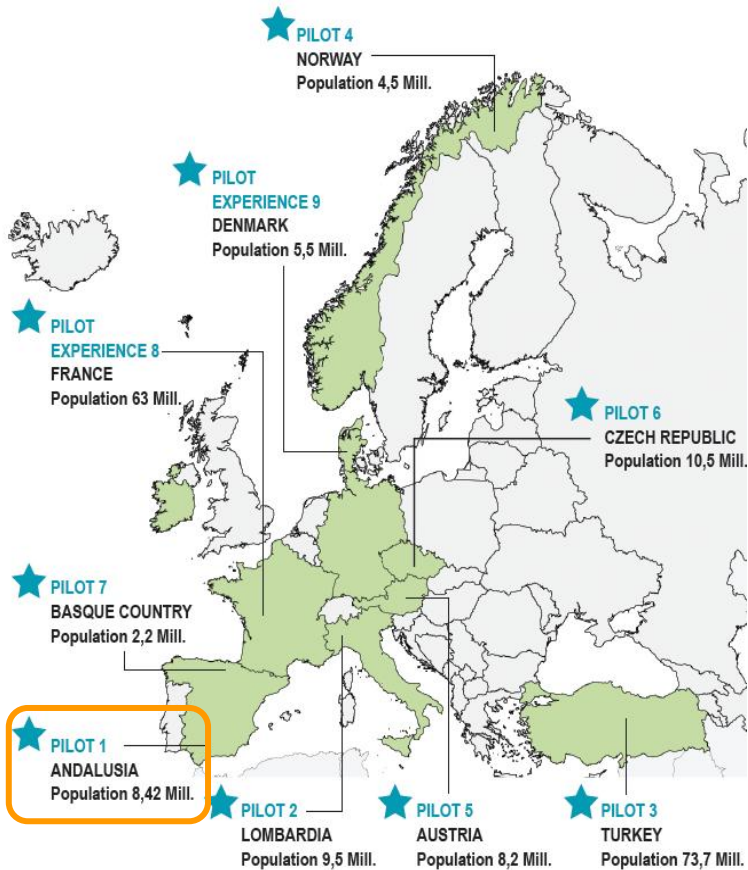
DM Treatment



- Lifestyle
- Medication
- Glucose monitoring
- Diabetes Education
- Close follow up



Pilot Site 1: Brief summary



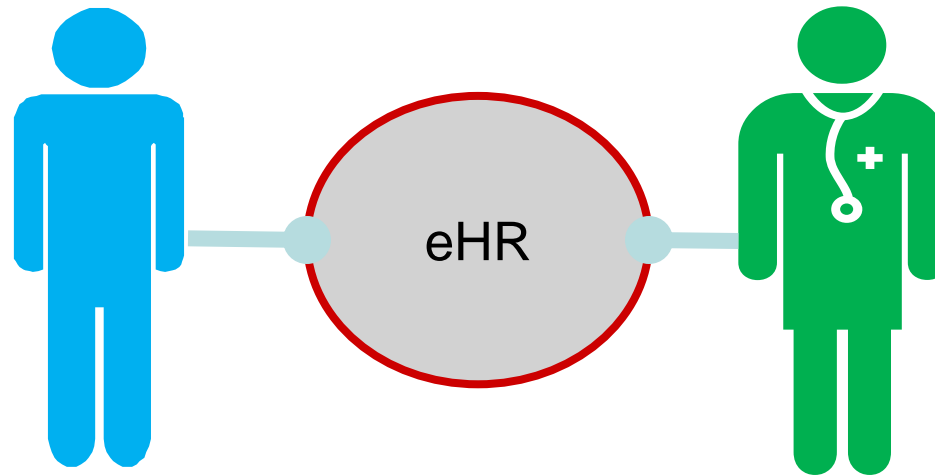
Andalusia:

- 8,42 million population
- Universal Coverage Public Health System
- Electronic Health Record (eHR)
- Secure access to eHR available for all population



Pilot Site 1: Brief summary

- Patients with DM
- Healthcare professionals: Primary Care and Hospital (Ph & nurses)
- New tools integrated in the citizen eHR:
 - educational
 - monitoring systems (Glucose, BP, BMI)
 - communication tools (messages, reminders, comments...)
- Compliant with the Andalusian Comprehensive Diabetes Plan



Pilot 1: Clic Salud-PALANTE



1. General indicators

“Activation”. Therapeutic adherence. Satisfaction

2. Use of health service

3. Health results

- DM control
- Clinical complications



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- **Target group (numbers / type)**

DMT1: 500

DMT2: 6500

- **Innovative aspects**

- Improve relationship between professionals and patientes
- Fluid communication in a virtual environment
- Patient's direct participation in his e-clinical record



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Skills of patients

Required: minimal IT literacy / digital certificate

Training: support by health professional and *Guadalinfo* (public pro-”IT literacy and access”)

Attitude of professionals (doctors & nurses)

Required: motivated in medical care through e-medicine

Training: against resistance to change (crisis): MOTIVATION



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Main challenges & solutions in implementation

Challenges

Patient´s recruitment (Primary Care)

Alternative IT systems & new glucometers (Hospitals)

Solutions

Increase recruitment pathways: dissemination (professionals & patients)

Agreement with companies for new glucometers





Thank you for your attention

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